



# CARDON LATERAL PULLEY

## FEATURES

The Cardon Lateral Pulley restores functional strength, endurance and coordination to the back and upper quarter. Together with the Negative Weight Bar, it is also used as a de-loader for early rehab of the lower quarter.

## APPLICATIONS

- Early spine and extremity rehab with respect to flexibility, coordination, endurance and strength.
- Assistive closed-chain training of the lower extremities.
- Up-lift and seated row function off the lower accessory wheel.



Height Adjustment



Shown with Pull-up Bar

# CARDON LATERAL PULLEY

## STANDARD MODEL:

### 1:1 weight to resistance ratio

Weight Stack Options	110 lbs. (L107P) 180 lbs. (L177P)
Minimum Resistance	5 lbs.
Height Adjustment	94" – 101" for taller patients
Mounting Options	Cardon Training Stand Wall Mounted
Powder coated weight stack with pin to select desired weight	✓
Standard Accessories	24" Straight Triceps Bar Handgrip Cord Adjuster

## SPECIFICATIONS:

Dimensions	Height: 94" Width: 14" Depth: 26"
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## PULLEY ACCESSORIES:

R16823	Negative Weight Bar
R16825	Pull-Up Bar with Cord Snap and Hook
R16202	Rowing Handgrip
R16204	15" Curved Triceps Bar
R16831	14" Straight Triceps Bar
R16842	24" Straight Triceps Bar
R16840	40" Curved Handle

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