



# CARDON STANDARD PULLEY



## FEATURES

The Cardon Standard Pulley, with its accessories, is considered one of the most versatile pieces of rehab equipment to improve tissue tolerance to physical load.

## APPLICATIONS

- Early spine and extremity rehab with respect to flexibility, coordination, endurance and strength.
- Assistive closed-chain training of the lower extremities.
- Up-lift and seated row function off the lower accessory wheel.
- Allows for both assistive and resistive rehab.
- Rope adjustability allows for rehab of muscle groups through their entire range of motion.



Standard pulley shown as a bilateral set

# CARDON STANDARD PULLEY

## STANDARD MODEL:

1:1 weight to resistance ratio	
Weight Stack Options	<b>Single Pulleys:</b> 24 lbs. (S24P) 30 lbs. (S30P) 50 lbs. (S50P) 65 lbs. (S65P) <b>Bilateral Pulleys (2):</b> 24 lbs. (B24P) 30 lbs. (B30P) 50 lbs. (B50P) 65 lbs. (B65P)
Minimum Resistance	1.0 lbs.
Resistance Interval Adjustment	2"
Accessory Weights	3 x 0.5 lbs.
Mounting Options	Cardon Training Stand Cardon Corner Training Stand Wall Mounted
Powder coated weight stack with pin to select desired weight	✓
Standard Accessory	Webbed Nylon Handle

## SPECIFICATIONS:

Dimensions	Height: 85" Width: 15" Depth: 7"
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## PULLEY ACCESSORIES:

R16202	Rowing Handgrip	R16821	Banana Strap
R16203	Pro-Supination Handgrip	R16275	Leather Wrist Strap
R16204	15" Curved Triceps Bar	R16276	Leather Ankle Strap
R16831	14" Straight Triceps Bar	R16277	Leather Thigh Strap
R16842	24" Straight Triceps Bar	R16826	Webbed Nylon Pulley Handle
R16211	Handgrip for Pulley (with pad)	R16827	Webbed Nylon Wrist Strap
R16210	Gantry with Cord & Pulley	R16828	Webbed Nylon Ankle Strap
R16271	Pulley Doubler	R16829	Webbed Nylon Thigh Strap
R16819	Resistive Weight Set		



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