# MULTI-PURPOSE PULLEY BENCH (MPPB)



#### FEATURES

The Multi-Purpose Pulley Bench is used to restore flexibility, coordination, endurance and strength to the upper quarter and entire spine. Appropriate exercise dosages are accomplished by adjusting the seats to reduce or enhance the effects of gravity and/or by the use of pulley weight stacks or free weights while seated on the bench.

The long seat supports the spine and adjusts from 0-90 degrees, and can be adjusted in length between 12"-24". The front pad raises 20 degrees, and the rear pad rotates for storage when a flat training bench is required. Increase your rehabilitation treatment options by combining the Multi-Purpose Pulley Bench with the Shoulder Rotation Accessory and one of Cardon's pulley systems.





## MULTI-PURPOSE PULLEY BENCH

#### STANDARD MODEL:

Exercise Bench (Multi-Purpose 2 Section)	
Backrest Adjustment	Positive locking system
Backrest Length Adjustment	Spring-loaded locking plunger
Seat Adjustment	Positive locking system
Seat Height	19"
Caster System	(2) 2" front casters for mobility
Bench Construction	High strength seamless tubular frame
Frame Color	Powder coat in Gunmetal, Black or White
Antimicrobial Naugahyde Upholstery	Over 60 upholstery color options

### SPECIFICATIONS:

Weight Capacity	400 lbs.
Dimensions	Height: 41.25" Width: 13" Length: 41"
Fire Retardant Upholstery	$\checkmark$

#### **OPTIONAL ACCESSORIES:**

Shoulder rotation accessory

12" Extension for neck support



