



CARDON SPEED PULLEY

FEATURES

The Cardon Speed Pulley allows for increased speed of movement overcoming inertia or recoil effect with the Standard Pulley. You can alter your treatment dosage without changing the number of weight plates.

APPLICATIONS

- Early spine and extremity rehab with respect to flexibility, coordination, endurance and strength.
- Dynamic movement superimposed on a static hold position.
- Resistive gait.
- Balance training.
- Core stability training.



Shown with Gantry with Cord & Pulley

CARDON SPEED PULLEY



STANDARD MODEL:

6:1 weight to resistance ratio

Weight Stack Options	132 lbs. (M60S) 220 lbs. (M100S)
Minimum Resistance	1.0 lbs. (M60S) 1.7 lbs. (M100S)
Resistance Interval Adjustment	2"
Rope Excursion	30 feet
Mounting Options	Cardon Training Stand Cardon Corner Training Stand Wall Mounted
Powder coated weight stack with pin to select desired weight	✓
Standard Accessory	(2) Webbed Nylon Handle

SPECIFICATIONS:

Dimensions	Height: 85" Width: 15" Depth: 7"
------------	----------------------------------------

PULLEY ACCESSORIES:

R16202	Rowing Handgrip	R16821	Banana Strap
R16203	Pro-Supination Handgrip	R16275	Leather Wrist Strap
R16204	15" Curved Triceps Bar	R16276	Leather Ankle Strap
R16831	14" Straight Triceps Bar	R16277	Leather Thigh Strap
R16842	24" Straight Triceps Bar	R16826	Webbed Nylon Pulley Handle
R16211	Handgrip for Pulley (with pad)	R16827	Webbed Nylon Wrist Strap
R16210	Gantry with Cord & Pulley	R16828	Webbed Nylon Ankle Strap
R16819	Resistive Weight Set	R16829	Webbed Nylon Thigh Strap

CARDON SPEED PULLEY